

Falconhurst School

SUN SAFETY POLICY

Current Period of Approval: June 2022 to June 2026

Contents

Aims and Intent	.2
Education	.2
Protection	.2
Moderate to High UV Index Measures	
Very High to Extreme UV Index Measures	

Aims and Intent

At Falconhurst School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. This policy's primary objective is to ensure that members of the school community are clear about their roles and responsibilities, and how to stay safe in the sun.

Our aims are to:

- Educate pupils, parents and staff about sun safety and the protective measures which can be taken
- Protect children and staff to the best of our ability whilst at school and exposed to the sun

Education

- All pupils will have at least one SunSmart lesson per year as part of our PSHE curriculum.
- The School Office will advise all staff of the Met Office UV Index number range on a daily basis
- Teachers will record the daily UV Index number on their board alongside the date so that children will become more aware of the sun's strength and how it changes over time and seasons.
- We will talk about how to be SunSmart in assemblies, particularly during the summer term or when the UV index is unseasonably high.
- Families will be sent reminders and Dojo posts explaining what the school is doing about sun protection and how they can help.
- Teachers will be encouraged to educate children through the example that they set whilst in school; i.e. wearing a hat whilst outside and drinking plenty of water during the day.

Protection

We will base our actions and decisions on the Met Office UV Index forecast for Milton Keynes. The UV Index rating is interpreted as follows:



Moderate to High UV Index Measures

When the UV index is moderate (3-5) or high (6-7), we will encourage pupils to:

- Sit/play in the shade where it is available.
- Wear a hat which covers ears and neck as well as head where possible
- Drink plenty of water
- Avoid running around for prolonged periods of time within the 15-20-minute playtimes

• Re-apply sunscreen to their arms, legs and faces if provided from home. ¹

Very High to Extreme UV Index Measures

When the UV index is very high (8-10) or extreme (11+), we will

- Strongly encourage all children to remove any cardigans, jumpers, hoodies or coats
- Ensure morning playtime is *only* for children who are wearing a hat, Is no longer than 10 minutes and is concluded by 11am
- Run lunchtime play indoors
- Aim to keep classrooms and workspaces as cool as possible with open windows, closed blinds and fans (if safe to do so around children)
- Re-schedule PE lessons either to an indoor location or to another time when the UV index is lower

¹ Sunscreen is to be applied by a child as independently as possible with modelling and support from an adult where necessary.